

The Flyer

The Official newsletter of the Eltham Swimming

August'06



www.elthamswimmingclub.com.au

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Don't Forget:

- To try and sell as many chocolates to help support the club!
- 19 August 2006
Time trails
- Metro North Aggregate Competition (last night)
13th of August

Registration Number:
A0005787T
PO Box 416, Eltham 3095

PRESIDENTS REPORT

It has been a busy month around the Club. I am really pleased to see the comradery within the club swimmers and parents alike. We are all working on a common goal - A successful Club at all levels.

I would like to welcome three new sponsors Accountant Matthew Foster and Associates, McDonalds Eltham and Manhattan Music. I thank them for their support of the Eltham Swimming Club and hope you will support them in return.

Our Short Course meet last Sunday was a huge success and generated substantial funds for the Club. Thank you to everyone who participated and assisted on the day and special thanks to Kim Arrowsmith for all the time and effort she has put in over the past months ensuring that the meet went ahead and ran smoothly. It was a huge task and with no previous experience Kim has done a sterling job (pardon the pun).

Our Aggregate team has again excelled themselves as did our cheer squad. Our team still hold 3rd place (much better than equal last from last year). The last night of competition is the 13th of August it would be great to see as many members at Carey as possible to support and cheer on our swimmers.

Our Club Captains (and mothers) have organized a chocolate Fundraiser; you should all have received a box. If you have already sold that box please see Nikki or Ben for another one if you would like to have a go at selling a second box. Caroline Foster (James's mum) has booked a shopping tour for the 7th October. There is more information on the notice board. So pencil this date into your diary, start on the Christmas shopping early and have a great day out without the whingeing kids and the handbrake (husband). Fundraising is very important to the Club and it's great to see others volunteering to help organize a variety of different fundraisers. Thank you! I urge everyone to support each event where possible.

On a housekeeping note, Rae has got the glitch out of her system for emailing out invoices and will endeavor to have them out to your desktop on the first weekend of each month so keep you eyes out for them. If you do not receive one please contact Rae ASAP so that she can attend to it. Rae works full time and it would greatly assist her if as many payments as possible are made electronically (details are on each invoice). If you are at all unsure how to do this please contact myself or Melissa and we will be only too happy to walk you through it.

GET WELL SOON to Claire, after her knee operation, and Isabella we hope to see you both back in the pool soon. You are both missed.

See you all at the pool.

Sue Sala.

CALENDAR OF EVENTS

Event details are correct at time of publishing

13 August 2006

Carey Sports Complex, Bulleen
Metro North Aggregate Competition (3rd Night)

19 August 2006

*Eltham Leisure Center
Time Trials*

25-28 August 2006

Hobart
Australian Shortcourse Championships

3, 9-10 September 2006

MSAC
Victorian Age (11/u-18yo) Short-course Championships

16 September 2006

*Eltham Leisure Center
Time Trials*

7th October

Shopping Tour Fundraiser

9 October 2006

MSAC
Metro North Championships

14 October 2006

*Eltham Leisure Center
Time Trials*

3 December 2006

Echuca
Echuca Swim-meet

8 December 2006

*Slovenian Club
Christmas Party*

Club Captains

Hi Everybody,

As Club Captains we are conducting a fundraiser of yummy Cadbury Koalas and Freddos. Each family has been given a box with a total of 48 Koalas, Freddos and twin pack Freddos, each to sell at \$1. It would be appreciated if each family could sell the complete box but we understand that this is not always possible. All money and unsold chocolate is to be returned at Time Trials on 13th August if not before. For anyone who can sell more please see either of us on pool deck.

Let's try to make a sizable profit for our club!!!.

Thanks for your support

On the weekend we had our annual Shortcourse meet. It was a huge success and all the member swam extremely well. Many swimmers got the times that they were after and just about every person got at least on PB. With nearly all the members turning up we were represented and showed them who we are. Congratulations overall on all of your swims and keep up the good work.

Nikki and Ben



GREENSBOROUGH CAKE KITCHEN
Pasticceria & Gelateria

Specialising in
cakes for all occasions

Ph: 9434 2258
Fax: 9434 3354
71 Main St. Greensborough Vic 3088

Alan S. Harrosh B.Com, FPC (UK), MLIA (Dip.)
Director



Level 50, 120 Collins St Melbourne VIC 3000

Ph: 03 9419 1878 Fax: 03 9419 1649

Mobile: 0422 264 558

E: alan@roshfinancial.com.au

www.roshfinancial.com.au

A.B.N. 15 115 632 155

FANTASTIC TEAM EFFORT

The second of the Metro North A Grade aggregates was held at Carey Aquatic Centre on Sunday July 16th, and once again Eltham was proudly represented by 28 very talented and enthusiastic swimmers and their supporters. It was a fantastic team effort with many outstanding individual performances, helping us to consolidate 3rd position.

The Eltham team was in full voice, cheering and encouraging each swimmer as they powered through the water.

Our expanding group of impressive 9/U swimmers were all fantastic in each of their individual and relay races. They have all obviously benefited under the guidance of Brian, Iain and Matt, which keeps us in good stead for the future.

Our 11/U, 12/13 and 14/15 swimmers also competed with passion and determination enabling us to win some events. Great effort by our senior team with limited numbers. The inclusion of speedster Joel Miller and a cameo appearance from coach Iain Hebden had instant success. Thank you to all swimmers and supporters who made themselves available for this successful aggregate.

Remember that the 3rd and final aggregate meet is on Sunday August 13th. The team is being finalized and all required swimmers will be notified shortly.

See you there,

Stephen Key

LOST PROPERTY

I have a towel and a 2005 long sleeve STATE t shirt (unnamed) that were left at MSAC last Sunday. If they belong to you please contact me to arrange collection.

Also Carla has misplaced her Polar Fleece top if any one has it could they return it to her please.

Can I remind everyone to label their uniform articles especially those prized and hard earn't State shirts so that they can find you when they get lost.

Sue Sala

UNIFORMS

The club has stock of finger paddles @\$14 a pair. When your coach asks you to obtain a pair see Sue, Melissa or Leonie.

**BEHAVIOR AT THE
POOL.**

I have had a complaint from the Leisure Centre about the noise that we generate during our dry land sessions in the Crèche. It is interfering with the running of the office at the Centre and we have been asked to train quietly. During these sessions please try to keep noise to a minimum, and be mindful that we are sharing a public space. We don't want to have the Leisure Centre ask us to stop these enjoyable and beneficial sessions.

I would also like to remind everyone that the Leisure Centre have behavior Rules for Pool deck which we must abide by – no running etc. I would like to see our members set a good example whilst at the pool and remember that you are all representing our Club whilst you are there. **Horseplay, pushing friends in, throwing equipment in and around the pool are dangerous activities and are unacceptable.**

Generally our members are well behaved but please be careful around the pool and remember this is a space utilized by others as well as us.
Sue Sala

Matthew Foster & Associates
Registered Tax Agent
MFA
Matthew Foster
B.Bus. ASCPA
phone: 03 9432 6959 mobile: 0425 770 116
email: mfa.tax@blapond.net.au

Matthew Sharp
Restaurant Manager
McDonald's Eltham
Cnr Bridge & Bolton Streets
Eltham Vic 3095
Phone: (03) 9431 2577
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m.sharp@optusnet.com.au

akron
Engineering

Peter Cacic
Manager

Akron
Engineering Pty Ltd
77 Freight Drive
Somerton Vic 3062

Ph: (03) 9308 9733
Fax: (03) 9308 9744

Always looking for Sponsorship

Our club is sponsored and supported by local businesses.

Sponsors are advertised in The Flyer, so please, when possible, use these businesses and inform them that you are a member of the Eltham Swimming Club.

It helps the club to have continued sponsorship from these businesses because as a sports club, **we rely on sponsorship!**

If you are able to help, or you know of a business that may be interested, please speak with TBA.

SportsLink Sponsorship

everyone's a winner!

Eltham Swimming Club wins by receiving sponsorship funds paid by SportsLink yearly.

If your insurance is now due, contact John, Lorien, or Carly for fast, efficient Insurance Plans. We specialize in all aspects of insurance – business, house, tradesman and public liability.

SportsLink Sponsorship Insurance Services – helping Eltham Swimming Club win, year after year!

Tel: 03 9877 3366
Fax: 03 9877 7633
Freecall : 1800 622 269
(ex Melb)

Swim Meet Coordinator

Surrey Park - Short Course Meet 2006 - 9th July, 2006

What a day for PB's and qualifying for the States in September. Let me start with the younger members of our Club. Andrew Leenaerts and Lachlan Stirling swam the 50 Freestyle, Andrew swimming a 3 second PB and Lachlan swam a 2 second PB. Maddi O'Toole followed up with a 4 second PB in the 100 Breaststroke. Ben and Ryan Leenaerts both swam the 100 Breaststroke and Ben achieved a PB by 4 seconds and Ryan gave us a massive 12 second PB. Ryan, after swimming this race went off to marshalling for his 100 Fly and produced a further massive 13 second PB!. Both Ben and Ryan made State times in these events well done boys the hard work has paid off. Tara Neyland swam the 200 Backstroke and produced a 7 second PB well done. Adam Violi went in 5 races and got 5 PBs and 1 State qualifying time in 100 Breaststroke. Matthew Stirling swam the 100 Fly and qualified for the States in this stroke, then swam the 200 Freestyle and produced a 6 second PB. David McDonald swam the 50 Free and came 2nd well done then swam the 100 Free and achieved a PB and ended his day with the 100 IM. Also in attendance at this meet was Adam Vivarini and Annalise McDonald. Well done kids a fantastic achievement.

Eltham Short Course - 30th July, 2006

What a day. For those of our swimmers who arrived at MSAC at 7.00am to help set up then swam all day finishing at 5.30pm and helped with the pack up well done and thank you.

We were represented by 43 swimmers aged from 8 years to 18 years. Congratulations to all you were an inspiration to everyone. I would like to mention the kids that made it into the top 10 of their races.

CONT ON NEXT PAGE

Eltham Swimming Club Proudly Thanks Our

Sponsors

AKRON ENGINEERING Pty Ltd
ARMORTON Pty Ltd
AVAN BARKER
BRUMBY'S BAKERY ELTHAM Shop 34 Eltham Village
BOLTON STREET FRUIT-MART 130 Bolton Street
GREENSBOROUGH CAKE KITCHEN
GREENSBOROUGH DONUT KING
LACOR
MANHATTAN MUSIC
MATTHEW FOSTER & ASSOCIATES
McDONALD'S ELTHAM
MUFFIN BREAK Level 3 Food court Greensborough Plaza
ROSH FINANCIAL GROUP
ROBERT LEENAERTS DRAFTING SERVICES Pty Ltd
SHANE ROWE BUILDING SERVICES

FOR SALE

One pair of size 3-5 flippers free to good home.

Anyone renovating their bathroom?

One 4 piece metal bath set in almond ivory. Comprises of 62cm towel rail, toilet role holder, towel ring, toothbrush holder, mounting bracket and screws. Still in packet. \$20

One corner TV unit in pine, chestnut colouring. Perfect condition \$50

Leone Sheppard 9435-2105

WANTED

Second hand lap top computer. Pentium 3 or better. 1MHz or better, 256 mb of ram or better and a minimum of 30gb hard drive. Price negotiable. (Max \$400) For school purposes Ben Leenaerts 9434 6161

If you have anything that you don't want anymore or there is something that you are after to buy, then advertise in this section for free and see just what kind of response you get. Give it a go! E-mail advertisements on to robleenaerts@iprimus.com.au

Swim Meet Coordinator

Zach Tipping 200 Back 7th,
Brad Conlan 200 Back 10th, 100 Free 8th, 100 Back 8th,
Matthew Stirling 50 Free 2nd, 100 Free 2nd, 50 Back 1st, 100 Back 2nd, 50 Fly 2nd,
100 Fly 4th, 50 Breast 4th, 100 Breast 4th no show for the 100 IM and the 200 Free (couldn't you have squeezed another two races in!)
Alexandra Keys 50 Free 6th, 50 Fly 2nd, 50 Breast 9th,
Morgan Barker 50 Free 10th, 200 Free 7th,
Lachlan Sheppard 200 IM 5th, 200 Back 6th, 50 Free 5th, 100 Free 6th, 100 Back 5th, 100 Breast 4th and the 100 IM 5th,
David McDonald 50 Free 9th, 200 Free 8th,
Kate Buckland 50 Free 8th
Dustin McNamara 50 Free 10th, 100 Free 10th, 100 Fly 8th
Troi Pediongco 50 Free 9th, 100 Back, 7th, 100 IM 9th
Ryan Leenaerts 100 Free 10th, 100 Breast 7th, 200 Breast 5th
Zach Cacic 50 Fly 7th, 50 Breast 7th, 50 Back 9th
Annalise McDonald 100 Back 8th, 50 Back 5th
James Foster 50 Breast 8th
Nikki Milivojac 100 Breast 9th
Adam Violi 200 Breast 10th

Well done to our top 10 place getters. I would also like to mention the following kids who swam at MSAC for the first time. Kirsten Archibald, James Foster, Sarah Hankinson, Analise Hernandez, Kardelen Kara, Carla Montanaro and Ethan Neyland congratulations on a great performance.

Overall it rained PB's for our kids and I could see by the smiles on their faces that they enjoyed the day. Our club performed admirably and whilst we didn't win the big trophy at the end of the day (that went to Casey Tigersharks) we placed 5th overall. Given the number of clubs who competed on the day I think this was a great achievement and gives us something to improve on next year!

Thank you to Joe Barker for taking photos during the day and documenting the meet.

A reminder to all swimmers attending States I will be submitting entries on the weekend of the 12th therefore if you want to enter via meet manager please get your green cards to me before the 12th August. Cut off for the States is the 18th August.

Kim Arrowsmith



Armorton Pty Ltd

COMMERCIAL CLEANING

Andrew Morton

Mobile: 0418 600 464

HAPPY BIRTH- DAY!

Maddison Mothersole
Troj Pediongo
Indiana Tipping
Courtney O'Toole
Maddi O'Toole
Andrew Leenaerts

And to everyone else who has a birthday in August



Email Melissa

on melissa_tipping@bigpond.com
If we have email addresses, it will make it easier to send correspondence.

Swim Vic Inc - Swimmers Committee

If you, as a swimmer, have any issues or ideas, then let this committee of swimmers know. Contact them via email at: vicswimmers@hotmail.com

Payments Reminder

If you make a payment directly to the Club's bank account either via the internet or at a bank branch, please ensure that the information provided on the statement is sufficient to be recognized as what the payment is for, or simply let us know that a payment has been made (date and amount).

STATE TEE SHIRTS

The State Short Course Meet will soon be upon us. If anyone has achieved a State time (since the State sprints held in February) they are entitled to a 2006 State shirt so please let me know ASAP. If you received one last December you do not get a new one. So many swimmers are doing so well I am hoping to present these lucky swimmers with a memento for their hard work
Good Luck
Leone Sheppard



LACOR

UNIFORM PRICES

ENDURANCE BATHERS

(NO LOGO, TRAINING ONLY)

Girls-:\$30

Boys-:\$20

(Hurry! Limited stock in boys & girls thus selling out)

LYCRA RACING BATHERS

(ELTHAM LOGO)

Girls 6-14:\$50

Ladies 10-16:\$55

Boys \$35

(Some available at \$20 as slightly imperfect)

SWIMMING CAPS

Latex \$5

Silicon \$13

HOODED WINDCHEATERS

All sizes S, M, L \$50

BAGS

Eltham logo and colors

\$30

TOWELS

90 x 160 cm embroidered with child's name and club logo

\$55

ELTHAM POLO SHIRTS

In club colors with logo

S, M, L

\$30

GIRLS'S 3/4 PANT

Navy with club logo

Sizes 10-16 \$30

JUNIOR TEE-SHIRTS

Come with Eltham logo \$20

TECH BOARDS

Double as pull buoy and kick board \$30

FINGER PADDLES

NOW IN STOCK!! \$14

GENERAL

UNIFORMS

The club has stock of finger paddles @\$14 a pair. When your coach asks you to obtain a pair see Sue, Melissa or Leonie.

Notice Board

Remember

to read the

notice

board,

as this is

the

major form of

communication for our

club.

We have swim meet

notices put up regu-

larly, as well as other

bits of information –

such as time trials,

fundraising events, and



The Flyer

The Flyer is printed at the start of each month, so if you wish to add anything, just let Ben or Rob Leenaerts know a week prior to the printing.

robleenaerts@iprimus.com.au

PB Books

Get your PB book now! Swimmers are expected to be responsible for recording their PBs and keeping their PB books up to date. PB books are available from Sue Sala 9719-7217 (H).

Payments Reminder

If you make a payment directly to the Club's bank account either via the internet or at a bank branch, please ensure that the information provided on the statement is sufficient to be recognized as what the payment is for, or simply let us know that a payment has been made (date and amount).

Our Discounts

Rebel Sport Greensborough will provide Eltham Swimming Club members a **5%** discount in 2006/07 by showing their membership card when shopping at Rebel in the Greensborough Shopping Centre.

If you forget your card, just quote our rebate code of **448**, or tell the cashier you are a member of the ESC. This will ensure that the sale is logged to the Eltham Swimming Club. At the end of the year, the club will receive a cheque for a minimum 5% of the total amount spent by our members. So the more we spend, the more we get back!



Eltham Bookshop has kindly agreed to give Eltham Swimming Club members a **10%** discount when they produce their membership card with a CASH payment only.

Club uniforms are available Poolside at the following times:

Wednesday nights

7pm – 8pm **Sue Sala or Melissa Tipping**

Saturday mornings

7am – 8:45am **Sue Sala or Melissa Tipping**

Orders

For towels - **Leone Sheppard 9435 2105**